

# Coaching Professional

## Level 5



Training & Apprenticeships

### Overview:

The Level 5 Coaching Professional Standard is a comprehensive framework designed for experienced coaches who are focused on developing advanced skills and expertise in their practice.

This Standard sets out the expectations for high-quality coaching, encompassing areas such as strategic thinking, advanced communication techniques, and the ability to facilitate profound, transformative change in clients.

This Standard is aimed at coaches who work in complex environments, with senior leaders, or in specialised settings, ensuring they maintain the highest professional standards while continuing to grow and evolve in their coaching journey.

By meeting the Level 5 Standard, coaches demonstrate their commitment to excellence, ethical practice, and delivering meaningful impact for their clients.

#### Professional recognition:

- European Mentoring and Coaching Council for Accredited Coaching Practitioner
- The Association for Coaching for Accredited Coach
- The International Coach Federation for Associate Certified Coach



### Key information:



Level:  
**Level 5**



Recommended duration:  
**15 months**



Format / Delivery:  
**Blended learning model**



Funding band:  
**£5,000**



Contextualisation available:  
**Yes**

#### Functional skills

Maths and English Functional skills qualifications are available at Level 1 and 2 for eligible learners aged 19+. Apprentices aged 16-18 must complete these qualifications as a mandatory part of their programme. For more information, please contact the Linden team.

#### Relevant to:

Individuals who are in a role that involves coaching or mentoring within the workplace.

### What to expect from Linden:

- Bespoke content customised for your organisation and its goals.
- Support from a dedicated Trainer who will support with learning, skill competency and developing evidence. Always aiming for Distinction grade at EPA.
- Individual support and mentoring to make every apprenticeship a success.
- Access to our virtual learning environment.
- Live workshops delivered by specialist Trainers.
- Dedicated Account manager.
- Blended learning approach, distance and face to face visits from your Trainer to suit the employer and learner needs.



# What is included in the Standard:

Knowledge	Skills & Practical Application	Behaviours
<ul style="list-style-type: none"> <li>• Learning and reflective practice theories.</li> <li>• Emotional and social intelligence theories.</li> <li>• Diversity, inclusion and bias theory – including personality types.</li> <li>• Coaching theory.</li> <li>• Work culture and values.</li> <li>• Communication.</li> <li>• Listening.</li> <li>• Relationship management.</li> <li>• Increasing self-awareness.</li> <li>• Return on investment.</li> </ul>	<ul style="list-style-type: none"> <li>• Time management.</li> <li>• Goals.</li> <li>• Communication.</li> <li>• Stakeholder management.</li> <li>• Trust.</li> <li>• Feedback.</li> <li>• Questioning techniques.</li> <li>• Coaching models.</li> <li>• Emotional intelligence.</li> <li>• Diversity management.</li> </ul>	<ul style="list-style-type: none"> <li>• Committed – to self-development, including self-reflection.</li> <li>• Self-awareness – of own behaviours, values, beliefs and attitudes, and attending to own wellbeing, resilience and maintaining mental capacity.</li> <li>• Act as an ambassador – for a coaching mindset and for a positive approach to personal development.</li> <li>• Be spontaneous – open and flexible, demonstrating respect and engendering trust.</li> </ul>

**10,000+**

Empowering over 10,000 learners to achieve their apprenticeship since 2012. Your success, our mission.

**58%**

of our apprentices achieved a Distinction pass across all Standards (22/23)

Employer reviews



**Excellent**

Apprentice reviews



**Good**



## Typical learner journey:



### 1. Enquiry / Consultation

Prospective learners and employers begin their Linden journey with an exploration session to better understand goals and objectives.



### 5. Learning journey commences

With enrolment and induction completed, learners start their learning journey by engaging with regular sessions, workshops, projects, assignments and reviews, with full guidance and support from their dedicated Trainer.



### 2. Programme Introduction

Learners are invited along with their line managers to an Introduction. This session provides a full programme overview, opportunity for Q&A and agreement of next steps.



### 6. EPA Prep and Gateway

Learners prepare for their End Point Assessment (EPA) by reviewing key concepts and skills essential for demonstrating competency against the skills, knowledge and behaviours set out in the Standard.



### 3. Onboarding / Enrolment

Learners are sent links to our online enrolment form, skills gap analysis and functional skills diagnostic assessments.



### 7. End Point Assessment

The End Point Assessment is the final evaluation where learners showcase their acquired skills, knowledge and behaviours.



### 4. Induction

Learners participate in a comprehensive Induction with their dedicated Trainer. This session supports understanding of expectations and resources (including an introduction to the e- portfolio).



### 8. Achievement / Progression

Upon successful completion of the EPA, learners celebrate their achievement and may choose to progress to a higher level within the same sector or explore new pathways.

## End Point Assessment:

The End Point Assessment consists of three elements, all of which may be completed online:

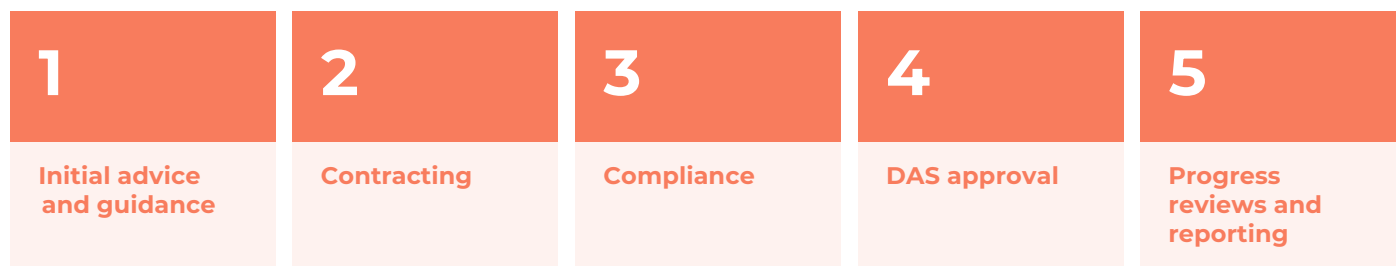
Assessment method	Areas assessed	Weighting
Observation with questions and answers	Knowledge / Skills / Behaviour	1/3
Interview supported by portfolio of evidence	Knowledge / Skills / Behaviour	1/3
Knowledge test	Knowledge	1/3



# Employer contracting:

All employers who want to utilise the Apprenticeship Levy or Co-investment model are required to contract with a ROATP approved provider and follow the Government approval process for onboarding new learners and securing funding for each apprenticeship Standard in the Digital Apprenticeship Service.

## 5 steps to employer contracting:



Discussions around apprenticeship intent and requirements of the Standard. Dedicated Linden account manager support from inception through to EPA.

Contract for services issued online for review and electronic signature.

Employer to complete Health & Safety compliance and provide Insurance Liability certification for the apprentices workplace.

Agreeing learners to enrol and approval on the Digital Apprenticeship Service.



Employers will be invited to attend progress reviews and receive updates throughout their Apprentices journey.

## Progression options:

On completion of your apprenticeship you may choose to advance to a higher level within the same subject area or explore a completely new pathway.

Team Leader	<b>Level 3</b>
Improvement Technician	<b>Level 3</b>
Operations Manager	<b>Level 5</b>
Senior Leader	<b>Level 7</b>

## What our learners have to say:



I wouldn't hesitate to recommend Linden to anyone who was thinking of undertaking this apprenticeship. Thank you again for all of the support.

Jo



I strongly recommend the Coaching Level 5 - it's challenging, stretching and of real value.

Ruth



## Contact us today:

For more information about Apprenticeships at Linden, call us on **0800 2980632** or visit our website at: **[lindenmanagement.org.uk](http://lindenmanagement.org.uk)**

